



The Canadian Society of Clinical Hypnosis (BC Division) is an organization of professionals in medicine, psychology, dentistry, and other allied professions, who share scientific and clinical interest in hypnosis. The Society was incorporated in 1961 and is a component section of the American Society of Clinical Hypnosis (ASCH)

The Society currently has approximately 150 members. CSCH endeavors to provide and encourage education programs to further, in every ethical way, the knowledge and understanding of hypnosis and to promote the acceptance of hypnosis as an important tool of ethical clinical medicine, psychology and dentistry. Our membership supports and conducts scientific and applied research into hypnosis.

For event information, membership requests or other information please visit our website:

www.hypnosis.bc.ca

**Canadian Society of Clinical Hypnosis
(BC Division)
2036 West 15th Avenue
Vancouver, B.C.
V6J 2L5
Phone: 604-688-1714
Fax: 604-683-6979**

www.hypnosis.bc.ca

Email: admin@hypnosis.bc.ca

October 29th & 30th Workshop Information:

Location: Vancouver General Hospital
Paetzold Education Centre
Jimmy Pattison Pavilion – 1st Floor
899 West 12th Avenue,
Vancouver, B.C.

Time: 9:00am – 4:30pm; Registration 8:30am

Parking: Public pay parking across from VGH on West 12th Ave

Fees:

EARLY BIRD PRICING UNTIL OCTOBER 1ST 2011

CSCH Member	\$300 (Early Bird)	\$360 (after Oct 1st)
Non-Member	\$400 (Early Bird)	\$480 (after Oct 1st)
Student	\$200 (Early Bird)	\$240 (after Oct 1st)

Student Eligibility: Registrants must be a full time student enrolled in a graduate or professional program in active pursuit of a doctorate in Medicine, Dentistry, or Psychology, or a Master's degree in counseling psychology, social work or one of the disciplines listed above. The program must be held in a university accredited by its appropriate regional accrediting body.

Continuing education credits: are available to applicable professional disciplines. A Certificate of Attendance evidencing **14 hours** of participation will be issued to each participant at the Workshop.

Refreshments: Coffee, tea, & snacks will be provided at the morning and afternoon break times. Lunch is on your own and you may either pack a lunch or use the hospital cafeteria or one of the nearby restaurants.

Cancellation Policy: Registration fee includes a \$50 nonrefundable deposit.

**ADVANCE REGISTRATION IS ENCOURAGED
Take advantage of Early Bird Rates
See Registration form for details or visit
www.hypnosis.bc.ca**



2011 FALL WORKSHOP

**Hypnosis and Trauma:
Integrating Hypnosis into
the Treatment of
Traumatized Children and
Adults**

Featuring

Dr. Julie Linden

**Saturday & Sunday
October 29th and 30th 2011**

**Registration 8:30am
9:00am - 4:30pm**

**Vancouver General Hospital
Paetzold Education Centre**

www.hypnosis.bc.ca

OVERVIEW



Dr. Julie Linden

Julie H. Linden is a licensed psychologist with over 30 years of psychotherapy experience treating people of all ages. Young children, adolescents, adults, couples and families consult her for a wide range of reasons. Julie's specialties include the treatment of anxiety, depression, and somatic symptoms; medical and psychological trauma, pain management techniques, and hypnotherapy; gender sensitive therapy; play therapy, ADHD and learning differences and Dissociative Disorders.

In addition to her full time private practice she is active in the governance of several hypnosis organizations. She is the current President-elect of the International Society of Hypnosis, Past President of the American Society of Clinical Hypnosis, and Past President of the Greater Philadelphia Society of Clinical Hypnosis.

In 2003 she received the Josephine Hilgard Award from the American Journal of Clinical Hypnosis, AJCH, for her paper, "Playful Metaphors" about the use of hypnosis with children. In 2007 she was again a recipient of the American Journal of Clinical Hypnosis Josephine R. Hilgard Award for Scientific Excellence in Writing on Pediatric/Adolescent Uses of Hypnosis for the article "Hypnotically Enhanced Dreaming to Achieve Symptom Reduction, with Anuj Bhardwaj, MD and Ran D. Anbar, MD.

Julie resides in Philadelphia, Pennsylvania, USA. She teaches workshops for ASCH, SCEH, ISH, ESH, and lectures and consults about psychotherapy with children, trauma and hypnosis all over the world, including South Africa, Norway, Finland, the Balkans, and Italy.

Hypnosis and Trauma: Integrating Hypnosis into the Treatment of Traumatized Children and Adults

This workshop will provide a conceptual framework for understanding why hypnosis is particularly suited to the prevention, assessment and treatment of trauma. A review of the current understanding of neuroplasticity, attachment, hypnotic rapport and dissociation will provide a foundation for hypnotic work. Attention will be given to how hypnotic language can be modified for prevention and treatment of trauma. There will also be video examples of cases and experiential exercises to facilitate learning. Participants will be able to

- conceptualize a new framework for their hypnotic work with children & adults
- perform at least 3 hypnotic techniques for treating traumatic symptoms
- explain the relationship between therapeutic play & hypnosis
- integrate these new techniques into their practices for the benefit of their clients patients.

Outline of topics:

1. What is trauma- definitions and a conceptual framework
2. From assessment to building resiliency for the future
3. Why think hypnotically? How to use hypnosis.
4. Neurobiology and neuropsychology- attachment and rapport
5. Play, dissociation and hypnosis
6. Developmental considerations
7. The client's response to trauma
8. Systems and families
9. Hypnotic techniques with case examples for each
10. Changing perceptions, shifting senses- integrating mind and body

REGISTRATION

REGISTRATION FORM

Hypnosis and Trauma: Integrating Hypnosis into the Treatment of Traumatized Children and Adults

October 29th & 30th, 2011

Registration 8:30 am
Workshop 9:00am - 4:30pm

	Before Oct. 1		After Oct. 1
CSCH MEMBER	\$300	<input type="checkbox"/>	\$360 <input type="checkbox"/>
NON-MEMBER	\$400	<input type="checkbox"/>	\$480 <input type="checkbox"/>
STUDENT*	\$200	<input type="checkbox"/>	\$240 <input type="checkbox"/>

*Proof of Student Status Required- See Student Eligibility

*Registration fee includes a \$50 non-refundable deposit

*Receipts will be issued at the workshop

RETURN REGISTRATION FORM & CHEQUE PAYABLE TO:

Canadian Society of Clinical Hypnosis (BC Div)
2036 West 15th Avenue
Vancouver, B.C.
V6J 2L5

NAME: _____

EMAIL _____

ADDRESS _____

CITY/PROV _____

OFFICE PHONE _____

HOME PHONE _____