Consultation model of training:
Participants will have the opportunity to enhance utilization techniques and address specific uses of hypnotic approaches in areas such as behavioral medicine, pain management, and chronic illness/or palliative care by presenting cases as well studying the cases presented in Dr. Neron’s book: *Hypnotic Approaches in Cancer and Palliative Care*. The consultation group’s purpose is to enhance the participants skills in using clinical hypnosis and should not be considered as clinical supervision.

Consultation hours obtained will be accredited by ASCH for those who desire certification in Clinical Hypnosis.

Participants:
Six participants who are health professionals in the discipline of psychology, medicine, etc.

Application requirements:
- Introductory clinical hypnosis workshop (ASCH approved).
- Experience is using hypnosis in a clinical setting (this is not an introductory workshop).
- Participants will commit to paying for six sessions.

Format:
Participants will meet for 6 sessions in the course of a year. The sessions will be 2h30 minutes. Participants will consult in a small group setting with Dr. Sylvain Neron who is ASCH approved Consultant as a group facilitator.

In each session, there will be three participants who will present cases through video clips or audio-recording of actual hypnosis sessions. Participants will be encouraged to focus on the language used that outline the theme of the session. Participants will also be encouraged to link material from Néron & Handel’s book with their case study in order to consolidate their learning. Dr. Neron’s as well as participants will give commentaries and there may be possible role play in order to learn new techniques.
CONSULTATION TRAINING IN CLINICAL HYPNOSIS

Price:
CFCH Members and affiliates: $150 per session ($900 for the six sessions)
Non-members: $200 per session ($1200 for the six sessions)

Location:
TBD - (possibly Saint Mary’s)

For more information:
Contact Anneline Anestin, Administrator at CFCH-QC at annelie_anestin@yahoo.ca

Dr. Sylvain Néron is a clinical psychologist. His clinical focus is in psycho-oncology. In addition to his initial training in psychodynamic psychotherapy, he became a specialist of adapting stress management strategies and cognitive-behavioral therapy techniques to the several contexts of the cancer treatment continuum for persons (and their caregivers) dealing with cancer, and a specialist of existential psychotherapy in palliative care settings. Dr. Néron is an assistant Professor in the Department of Oncology at McGill University and is a member of the Allan Edwards Centre for Research on Pain of McGill University, and professeur associé in the Department of Psychology of Université du Québec à Montréal. He uses clinical hypnosis to help patients prepare for various diagnostic and surgical procedures, palliation of symptoms and alleviation of suffering, and existential issues associated with the illness and treatment trajectory of cancer. He is certified in clinical hypnosis and is an approved consultant of the American Society of Clinical Hypnosis. He teaches clinical hypnosis for health care professionals in national and international organizations and scientific meetings. With a few dedicated colleagues, in 2004 he founded and became the first president of the Fédération canadienne d’hypnose clinique / Canadian Federation of Clinical Hypnosis: Section – Québec - Division.